

Daily Affirmations

- ❖ I control my thoughts and how I feel about myself
- ❖ I have the freedom to love & approve of myself
- ❖ I am capable of what I am willing to work for
- ❖ I have the power to grow myself into becoming the best version of myself
- ❖ I cultivate my qualities & develop my abilities to achieve success that is specific and unique to me.
- ❖ I only compete with myself to grow myself into becoming the best and truest version of myself